

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE
CHANNARAYAPATTANA, 573116

Date: 19-1-2023

CIRCULAR

This is to inform all the female Students that the Department of Sociology has decided to conduct a program of Women's menstrual cycle Hygiene Awareness Program on 21-01-2023 12:00 pm at Seminar hall 307. I hereby inform all the Students, Faculties and staff members are requested to participate in the program.

Me. Ganatham K
PRINCIPAL

Sri Adichunchanagiri First Grade College
Channarayana

Deepa

[Signature]

[Signature]

Parvati

[Signature]

[Signature]

Pooja Kumar

[Signature]

[Signature]



||JAI SREE GURUDEV||

**SRI ADICHUNCHANAGIRI FIRST GRADE
COLLEGE**
CHANNARAYAPATNA-573116

DEPARTMENT OF SOCIOLOGY

**REPORT ON: "21-01-2023 WOMEN'S MENSTRUAL CYCLE
HYGIENE AWARENESS PROGRAM"**

Department of Sociology organised a programme on **WOMEN'S MENSTRUAL CYCLE HYGIENE AWARENESS PROGRAM** in collaboration with IQAC. Dr. M.K. Manjunatha, Principal, and Dr. Praveen Kumar S, HOD of Sociology, were present in the program. Dr. Nirupama M HOD of Zoology and Mrs. Kavitha J.N Librarian were the resource persons.

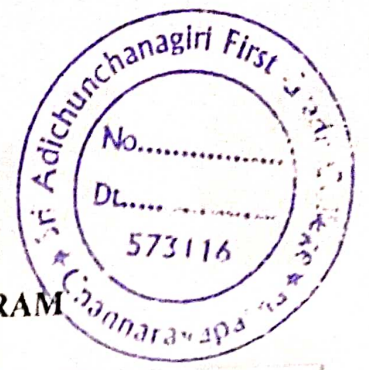
The invocation song was by Kum. Vinutha and Kavya after which Dr. Praveen Kumar S welcomed everyone to the gathering. Program was started by offering blessings and floral tributes to the portrait of Padmabhushana Paramapoojya Sri Sri Sri Dr Balagangadharanatha Swamiji's Photo, Dr. Nirupama M gave an introduction to the programme. She informed the female students about the entire Menstrual Cycle, including how eggs are produced and fertilisation, and how blood is discharged through the vagina. Mrs. Kavitha J.N Librarian has interacted with the students about how many members are Menstrual with a 22 day cycle, and symptoms about how we should keep ourselves clean during the Menstrual Cycle.

Program was concluded by vote of thanks by Amulya Ist B.Com. student, while Lekhana N Gowda III B.A Student served as the program's host.

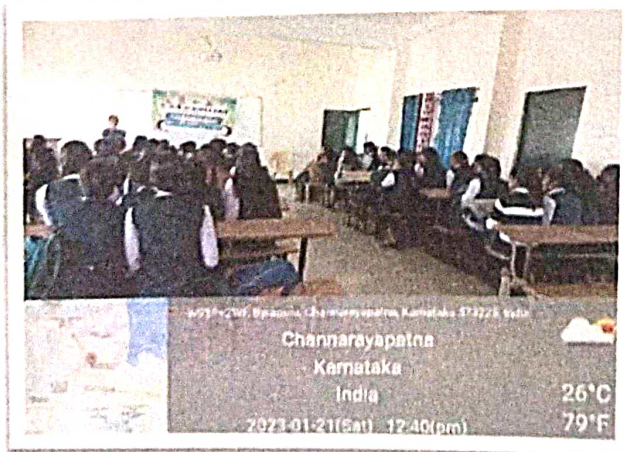


M. Manjunatha K
Principal

Sri Adichunchanagiri First Grade College
Channarayana



WOMEN'S MENSTRUAL CYCLE HYGIENE AWARENESS PROGRAM



M. S. Jwalika M.K.
Principal
Sn Adichunchanagiri First Grade College
Channarayana

|| Sri Kalabhairaveshwara Prasanna ||

|| JAI SRI GURUDEV ||

|| Om Namo Bhagavathe Sri Balagangadharanathaya Namaha ||



SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE

CHANNARAYAPATNA, HASSAN-573116, Karnataka

(Affiliated to University of Mysore)

[Re-Accredited with 'B+' Graded by NAAC]



INVITATION



WOMEN'S MENSTRUAL CYCLE HYGIENE AWARENESS PROGRAM

ON 21-01-2023

Organized by
Department of Sociology

Collaboration with IQAC



CLASSROOM 307

TIME: 11.30 AM

Divine Blessings

Paramapoojya Jagadguru Padmabhushana

Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji

Gracious Blessings

Paramapoojya Jagadguru

Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji

President

Sri Adichunchanagiri Mahasamsthana Mutt

Poojya Sri Sri Shambhunatha Swamiji

Secretary

Sri Adichunchanagiri shikhana Trust (R.)
Hassan and Kodagu.

Presence

Dr. M.K. Manjunatha, Principal

SAFG College, Channarayapatna

Resource Person

Dr. Nirupama M.
HoD of Zoology

Mrs. Kavitha J.N.
Librarian

Convener

Dr. Praveen Kumar S.

HOD of Sociology

Principal
Sri Adichunchanagiri First Grade College
Channarayapatna

CORDIALLY INVITED BY TEACHING AND NON TEACHING
STAFF & FEMALE STUDENTS

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE
CHANNARAYAPATTANA, 573116

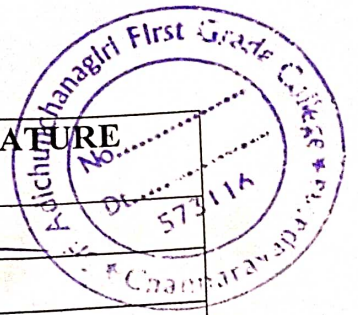


Women's menstrual cycle Hygiene Awareness Program list of students participated in the program on 21-01-2023

Sl.no	NAME	CLASS	SIGNNATURE
01	Keerthana T.K	II nd B.A	
02	Meghona B.P.	II nd B.A.	
03	B.S. Impana	II nd B.A	
04	MONIKA-H.N	II nd B.A	
05	Harshitha.N	II nd B.A	
06	Deekshitha G.R.	I st B.Com	
07	Chandana. @	I st B.com	
08	Halima Bodiya	I st B.com	
09	Anvitha S.N	I st B.com	
10	Thyashwini J.N	I st B.com	
11	Aishwarya D.V	I st B.com	
12	Varshitha.D	I st B.com	
13	Aarvitha. S.R	I st B.COM	
14	Suchithra. HA	I st BA	
15	Mehak	I st BA [G.S]	
16	Akshatha k.M	I st BA (G.S)	
17	Manya k.N	I st BA (G.S)	
18	Sowshiti B.N	I st BA (G.S)	
19	Ranjitha. R.K	I st BA (G.S)	
20	JAANU	I st BA	
21	chaazu	I st B.COM	

Principal

Sri Adichunchanagiri First Grade Collage
Channarayapattana-573116-



Sl.no	NAME	CLASS	SIGNATURE
01	Keethana T.R.	II nd B.A	
02	Meghama B.P.	II nd B.A.	
03	B.S Impana	II nd B.A	
04	monika-H.N	II nd B.A	
05.	Havisitha.N	II nd BA	
06	Rabi Kumar CC	II nd BA	Rabi Kumar CC
07	Mahakumar C.M	II nd B.A	
08	GANESHA B.L	II nd B.A	Ganesha B.L.
09	Sumanth	II nd B.A	
10	Gowtham .K.T	II nd B.A	Gowtham .K.T
11	Rakshitha .B.D	I st B.com	Rakshitha .B.D
12	Sinchana .D	I st B. Com	Sinchana D
13	Aapitha	I st B. Com	
14	Menika .K.H	I st B.com	
15	Sindu .N.C	I st B.com	Sindu .N.C
16	Sinchana.H.J.	I st B.COM	Sinchana.H.J.
17	Mangaladevi M.S	I st B.com	
18	kavya A.S	I st B.com	
19	HARSHINI G.S	I st B.com	
20	Kavya CN	I st Bcom	
21.	Rakshitha km	I st Bcom	Rakshitha
22	Chinmayi .k.	I st Bcom	Chinmayi k
23	Moulyag.k.	I st Bcom	
24.	Ruchitha -SV	I st Bcom	Ruchitha
25	Manya k.V	I st BA	Manya k.V
26	Sowdhi B.N	I st BA	Sowdhi B.N.
27	Ranjitha .R.K	I st BA	Ranjitha .R.K

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