











ಶ್ರೀ ಆದಿಚುಂಚನಗಿರಿ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆ (ರಿ.)

ಶ್ರೀ ಆದಿಚುಂಚನಗಿಲಿ ಪ್ರಥಮ ದರ್ಜಿ ಕಾಲೇಜು

ಕುವೆಂಪು ರಸ್ತೆ, ಚನ್ನರಾಯಪಟ್ಟಣ–573116 :: ಹಾಸನ ಚಿಲ್ಲೆ ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯದಿಂದ ಶಾಶ್ವತ ಮಾನ್ಯತೆ ಪಡೆದಿದೆ ನ್ಯಾಕ್ ಸಂಸ್ಥೆಯಿಂದ 'ಬಿ+' ಗ್ರೇಡ್ ಪಡೆದಿದೆ ಇ–ಮೇಲ್ ವಿಚಾಸ: safgccrpc@gmail.com

ವೆಬ್ಸ್ಬೈಟ್: www.safgccrpc.org

ದಿನಾಂಕ: 20-06-2024



ಸೂಚನೆ

ದೈಹಿಕ ಶಿಕ್ಷಣ ಮತ್ತು ಕ್ರೀಡಾ ವಿಭಾಗ

ವಿಶ್ವ ಯೋಗ ದಿನಾಚರಣೆಯ ಪ್ರಯುಕ್ತ ಸಾಮೂಹಿಕ ಯೋಗ ಪ್ರದರ್ಶನವನ್ನು ದಿನಾಂಕ 21/6/2024 ರಂದು ಶುಕ್ರವಾರ ಬೆಳಿಗ್ಗೆ 7:00 ಘಂಟೆಗೆ ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಅಧ್ಯಾಪಕ, ಅಧ್ಯಾಪಕೇತರ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು ಭಾಗವಹಿಸಬೇಕೆಂದು ಈ ಮೂಲಕ ತಿಳಿಸಲಾಗಿದೆ.

ವಿ.ಸೂ. Sports Ware (Flexible Dress) ಬಟ್ಟೆ ಹಾಕಿಕೊಂಡು ಬರುವುದು ಉತ್ತಮ.

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ri First Grade College

Sri Adichunchanagiri First Grade College Channarayapatna.

| |JAI SREE GURUDEV | |

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE CHANNARAYAPATNA-573116

Department of Physical Education and Sports

Report of International Day of Yoga - 2024



The International Day of Yoga was celebrated on 21st June 2024 with great enthusiasm at SAFG College, Channarayapatna, specifically at the Kuvempu Vedike of Sri Adichunchcangiri First Grade College. More than 200 students and staff actively participated in this significant event.

During the celebrations, Prof. Nagesh, a retired English professor from Sri Adichunchanagiri College of Education, addressed the gathering. He expressed heartfelt gratitude to the Hon'ble Prime Minister Shri. Narendra Modi for his dedicated efforts in promoting yoga globally. Mr. Bhaskara.J highlighted the deep-rooted presence of yoga in Indian culture, spanning over a millennium. He credited Poojya Sri Sr Sri Shambunatha Swamiji, the college secretary, for enhancing the prominence of yoga by establishing the tradition of conducting International Day of Yoga in Mutt colleges across Hassan district.

This year's theme, "Yoga for Self and Society," received praise from Mr. Prasad, a yoga guru, who emphasized its profound impact in promoting a holistic approach to yoga practice. He expressed confidence that this theme would inspire individuals to incorporate yoga into their daily routines, thereby improving personal well-being and fostering positive contributions to society.

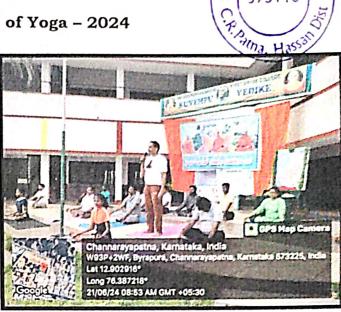
Overall, the event was beneficial for the faculties and professionals from SAFG College, highlighting the importance and benefits of yoga in both personal and societal contexts.

Principal
Sri Adichunchanagiri First Grade College
Channarayapatna

Sri Adichunchanagiri First Grade College Channarayapatna-573116

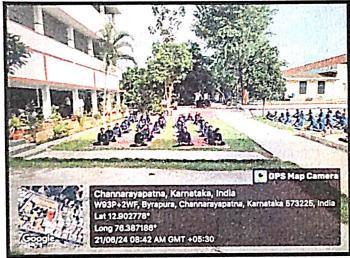
International Day of Yoga - 2024





F.G. College

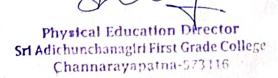
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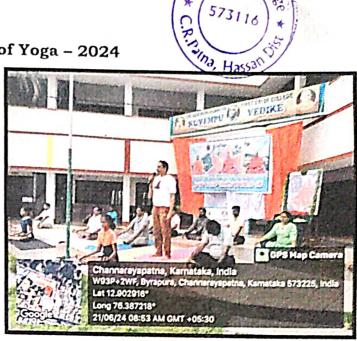


Principal
Sri Adichunchanagiri First Grade College
Channarayapatna



International Day of Yoga - 2024





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Physical Education Director. Sri Adichunchanagiri First Grade College Channarayapatna-573116

Dejustant

Principal
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