

|| Jai Sri Gurudev ||

Sri Adichunchanagiri First Grade College,

Channarayapatana-573116

ACTION PLAN (Academic year 2022-23)

The Women Empowerment, Sexual Harassment cell and other Committies has directed other departments to organise certain events under the general heading of "Gender Issues." It is required of every department to choose a fitting viewpoint for the theme, and a portion of their academic day activities should centre on it.

Following activities have been conducted during this academic year under the Annual gender sensitization action plan:

Sl. No.	Title of the Programme	Date
01.	Annemia Screening Drive	5 th November 2022
02.	Traffic Awareness	12 th January 2023
03.	Awareness on Menstrual cycle and Hygiene	21 st January 2023
04.	Women,s Day	8 th March 2023
05.	Awareness on Breast Cancer	19 th May 2023


Principal
Sri Adichunchanagiri First Grade College
Channarayapatna-573116

**|| Jai Sri Gurudev ||
SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE,
CHANNARAYAPATANA-573116**

Youth red cross unit

Circular

Date: 05/11/2022

This is to inform that the Red Cross Unit of SAFG College has decided to organize "anemia and depression screenig programme" on 08 November 2022 in collabration with Sri Adichunchanagiri College of Pharmacy, Adichunchanagiri University, B G Nagar-571448 at library. I hereby inform all the students & staff members are requested to make use of this opportunity to fight against anemia.

Principal

*ಪ್ರಿನ್ಸಿಪಲ್
ಸ್ರೀ ಅದಿಚುಂಚನಗಿರಿ ಫಾರ್ಮಸಿ
ಕಾಲೇಜ್ ಬಿ.ಗಿ.ನಗರ
ಬೆಂಗಳೂರು*

Principal

Principal
Sri Adichunchanagiri First Grade College
Channarayapatna

Kishora S. Mis.

Praveen Kumar

S. K. S. S. S. S.

II JAI SRI GURUDEV II
SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE,
CHANNARAYAPATANA

Dr. Nirupama M
Convenor of Youth Red Cross unit
Email ID: safgczoology11@gmail.com

Date: 8/11/22
Time:10.30 AM

Report on screening of anemia and depression in college campus

Organized by Youth Red Cross unit and IQAC

Youth Red Cross unit organized "anemia and depression screenig programme" on 08 November 2022 in collabrtaion with Sri Adichunchanagiri College of Pharmacy, Adichunchanagiri University, B G Nagar-571448. The programme starts around 10.30 am till 4.30 pm. More than 200 students and faculty members were benefited by this test. This will be useful for participants as they will be screened for the above mentioned condition using blood test and questionaries free of charge. The participants will also be given free treatment for annemia for the duration of 3 months. On 17th November 2022 medications were given to the annemic patients for 3 moths course.



(Signature)
ನೋಡಲ್ ಆಫೀಸರ್
ಭಾರತೀಯ ಯುವ ರೆಡ್‌ಕ್ರಾಸ್ ಘಟಕ
ಆದಿಚುಂಚನಗಿರಿ ಸಕಲಮ ವರ್ಗದ ಕಾಲೇಜು
ಚನ್ನರಾಯಪಟ್ಟಣ

(Signature)
Principal
Sri Adichunchanagiri First Grade College
Channarayapatna

Sl No	Name	Age	Class
1	Pooja S.B	101/05-0/02	3A
2	Smita Smit	102/01-0/04	3A
3	Smriti S.B.	473	3A
4	Smritika S.C.	474	3A
5	Vandana N.G.	475	3A
6	Chandana K.N.	476	3A
7	Chaitanya	477	3A
8	Apikha D.B.	478	3A

Sl No	Address	Phone	Sign
1	D/o Dhanraj C.R. Patna	924915703	Patna
2	D/o Chandraganda K. Chandrahalli C.R. Patna	725321104	Patna
3	D/o Chandraganda K. Chandrahalli C.R. Patna	965520557	Smriti S.
4	D/o Chandraganda K. Chandrahalli C.R. Patna	702221245	Smritika S.
5	D/o Gangadhar Chikkasampkeshali C.R. Patna	970164344	Patna
6	D/o Nagesh K.R Katteshali C.R. Patna	961944912	Patna
7	D/o Ganesh C.N. B. Cholenahalli C.R. Patna	963555027	Chaitanya
8	D/o Barasraj Dyan. Densahalli C.R. Patna	307377415	Patna

16.	Radha D.Y	506/AD-11/01-22	B.A	1 st year	D/o Yagech Doddalathaihalli K. R. Patil	9626045224	Radha D.Y
17.	Ruchitha	507/AD-11/01-22	BA	1 st year	D/o Lavanna Hansgola K. R. Patil	2371421612	Ruchitha
18.	Rakshitha T.P	508/AD-11/01-22	BA	1 st year	D/o puttegowda Ikkankhilla K. R. Patil	9900597334	Rakshitha T.P
19.	Devika C.K	509/AD-11/01-22	BA	1 st year	D/o Kumaara Chikkmathegala C. R. Patra	8367363620	Devika C.K
20.	Ankitha H.M	510/AD-11/01-22	BA	1 st year	D/o Manjegowda Hosanna K. R. Patil	9019800376	Ankitha H.M
21.	Sudhamani K.M	511/AD-11/01-22	BA	1 st year	D/o Manjushetty Kodahalli C. R. Patra	9731176224	Sudhamani K.M
22.	Anitha H.M	512/AD-11/01-22	BA	1 st year	D/o Manju Hangehalli C. R. Patra	7899751250	Anitha H.M

95	Bindhu M	585	1st	B.A.	SAFQC	7353573329	Teacher
96	Saujanya A.S	586	School	Teacher	B.G.S school	9606614124	Teacher
97	Meenakshi S.D.	587	School	Teacher	B.G.S school	9663724972	Teacher
98	Madhura K.S.	588	School	Teacher	B.G.S school	6361135967	Teacher
99	Ramya A.M.	589	School	Teacher	B.G.S school	984433027	Teacher
100	Shylar R.B.	590	School	Teacher	B.G.S school	968639318	Teacher
101	Vasvi R.V.	591	School	Teacher	B.G.S school	626473797	Teacher
102	Shasthika K.H.	592	School	Teacher	B.G.S school	9844703470	Teacher
103	Ramya B.	593	School	Teacher	B.G.S school	8613520512	Teacher
104	Srichithra K.B.	594	B.Ed	Students	B.G.S collage	9108287760	Student
105	Kavya R.V.	595	B.Ed	Students	B.G.S collage	7890413460	Student

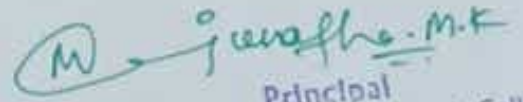
॥ JAI SRI GURUDEV ॥

Sri Adichunchanagiri First Grade College
Channarayapatna-573116

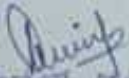
YOUTH RED CROSS UNIT
Circular

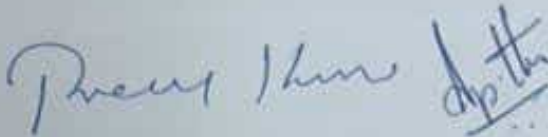
Date: 12/12/2022

This is to inform that the Red Cross Unit of SAFG College has decided to organize "Anemia and and Depression follow up programme" on 16 December 2022 in collabration with Sri Adichunchanagiri College of Pharmacy, Adichunchanagiri University, B G Nagar-571448 at library. I hereby inform all the students & staff members who are suffering from anemia and taking tablets as per screened on 8th November are requested to make use of this opportunity to know.



Principal
Sri Adichunchanagiri First Grade College
Channarayapatna


ನೋಡಲ್ ಅಧೀನ
ಆರೋಗ್ಯ ಯುವ ರೋಗಾಣುಗಳ
ಅಧೀನವಾಗಿ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜು
ಚನ್ನರಾಯಪಟ್ಟಣ





॥ JAI SRI GURUDEV ॥

Sri Adichunchanagiri First Grade College

Channarayapatna-573116

YOUTH RED CROSS UNIT

Date: 16/12/2022

Report on Anemia and Depression follow up Programme in college campus

Youth Red Cross unit and IQAC organized "Anemia and Depression followup programme" on 16th December 2022 regarding result obtained by the the anemeia screening programme held on 08 November 2022 . On 17th November 2022 medications were given to the annemic patients and to follow up the meediction process this programme was organized in collabration with Sri Adichunchanagiri College of Pharmacy, Adichunchanagiri University, B G Nagar-571448, starts around 10.30 am till 12.30 pm. More than 40 students and faculty members were benefited by this test.



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 ಪಾಠಶಾಲೆಯ ಯುವ ರೋಗಿಗಳಿಗೆ ಉಚಿತ
 ಅಧಿಷ್ಠಾನವಾಗಿ ಕ್ರಮವು ವಹಿಸಿ ಪಾಲಿಸಿ
 ದೇವತೆಯಾಗಿದೆ

Handwritten signature
 Principal
 Sri Adichunchanagiri First Grade College
 Channarayapatna

	Youth Aid Cent. Dist.	Anantima Screening
Jayalokshmi A.G	BSC (C2)	Jan Ag
Binder. S.N	II BSc (PG)	Bindu
1. Pooja H.T	II BSC [C2]	P
4. Anpilla AV	I BA (EP)	A
6. Sandhya R.H	I BA (EP)	S
6. Sindu. S	I st BA (E.P)	Sindu
7. Aishwarya MR	I st BA (EP)	Aishwarya MR.
8. Anulja C.R.	I st BA (H.K)	Anulja
10. Rakshitha K.S	I st BA (EP)	Rakshitha
10. Shobha M.E	I st BA (EP)	Shobha M.E
11. Anitha H.M	I st BACEP	Anitha H.M
12. Anitha H.M	I st BA (EP)	Anitha H.M
13. Akshatha IP	I st BA (EP)	Aksh
14. Jayashree D.ra	I st BA (EP)	J
15. Ranja H.R	I st Bsc (BZ)	R
16. Vaishnavi K.S	I st Bsc [C2]	Vaid
17. Rishomika	I st Bsc [C2]	Rishomika
18. Suchithra T.S	I st B.Sc [C2]	Sach
19. Nadiya Khanum	I st B-SC [C.2]	Nadiya
20. Srinidhana H.D	I st B-SC [C.2]	S
21. Gowda. Pooja. Prakash	I st B.Sc [C.2]	Pooja.
22. Tujluini B.J	I st Bsc [C2]	Tujluini B.J
23. Mohanakumari	II Bsc [P]	M
24. Ruthra S.D	II BA [EP]	R
25. Anurutha D.S	II B.A (E.P)	A
26. Sandara K.M	II B.A (E.P)	S
27. Vandana N.G	II B.A (E.P)	V
28. Sindhu A.W	II nd B.A (H.E.S)	S
29. Sreedithi S.C	II nd B.A (E.P)	S
30. Pooja C.D	II nd BA (EP)	P
31. Lakshmi S	II nd BA (EP)	P.C.D. Lakshmi S
32. Harshitha NK	I st Bsc	Harshitha NK
33. Dr. Nivipama H.	Dept of Zoology	N
34. Soumya	Librarian	S
35. Iyappa H.J	Dept of physics	Iyappa

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE

CHANNARAYAPATNA-573116

GRIEVANCE REDRESSAL CELL

Special Lecture Programme on ‘Traffic Rules and Road Safety’

A special lecture programme on Traffic Rules and Road Safety organised by Grievance Redressal committee on the occasion of the birth anniversary of Swami Vivekananda on 12-01-2023. At the outset, the programme commenced with watering a plant and flowering a portrait of Sri Sri Sri Dr. Balagangadharanatha Swamiji, founder of Sri Adichunchanagiri Shikshana Trust soon after the invocation by Mis. Binduraj, Lecturer, Department of Commerce. Mr. Siddaraju introduced the Guest along with welcome address.

Sri Ravishankar, PSI, spoke on various safety rules to be followed by the people while driving especially young students. He threw light on the consequences of violation of traffic rules and advised the students not to do wheeling, wearing compulsory helmet and seat belt while driving; having Driving licence and insurance also. He said that we must follow traffic rules in true sense so that we can minimize the alarming number of road accidents. Most of the accidents are direct outcome of civic negligence rather than lack of awareness. As a responsible citizen of the society we should not take alcohol in driving, it not only kills ourselves but innocent people also. In the question session a few students raised questions on the lacunas of traffic police.

Speaking on the occasion Dr. M.K. Manjunatha, Principal of the institution, said that by following the small things we can make a big difference in solving problems of traffic and road accidents in the society. The programme concluded with the vote of thanks of Mr. Ningaraju convener of the programme. Sanjana CP, Assistant professor, Department of History; Narasihmamurthy P, Assistant Professor, Department of commerce and other faculty were present on this occasion.


Principal
Sri Adichunchanagiri First Grade College
Channarayapatna-573116



Special Lecture Programme on 'Traffic Rules and Road Safety', Date: 12-01-2023

M. Jeeva Lakshmi
 Principal
 Sri Adichunchanagiri First Grade College
 Channarayapatna-573 116

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE
CHANNARAYAPATTANA, 573116

Date: 19-1-2023

CIRCULAR

This is to inform all the female Students that the Department of Sociology has decided to conduct a program of Women's menstrual cycle Hygiene Awareness Program on 21-01-2023 12:00 pm at Seminar hall 307. I hereby inform all the Students, Faculties and staff members are requested to participate in the program.

Me. Ganatham K
PRINCIPAL

Sri Adichunchanagiri First Grade College
Channarayana

Deepa

[Signature]

[Signature]

[Signature]

Parvati

[Signature]

Pooja Kumar

[Signature]

Radhika



||JAI SREE GURUDEV||

**SRI ADICHUNCHANAGIRI FIRST GRADE
COLLEGE**
CHANNARAYAPATNA-573116

DEPARTMENT OF SOCIOLOGY

**REPORT ON: "21-01-2023 WOMEN'S MENSTRUAL CYCLE
HYGIENE AWARENESS PROGRAM"**

Department of Sociology organised a programme on **WOMEN'S MENSTRUAL CYCLE HYGIENE AWARENESS PROGRAM** in collaboration with IQAC. Dr. M.K. Manjunatha, Principal, and Dr. Praveen Kumar S, HOD of Sociology, were present in the program. Dr. Nirupama M HOD of Zoology and Mrs. Kavitha J.N Librarian were the resource persons.

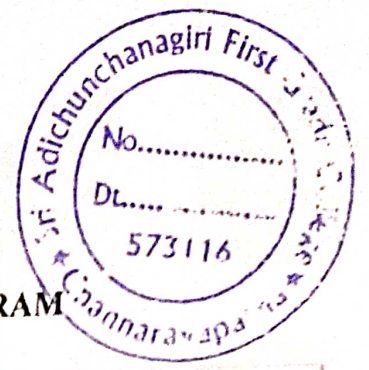
The invocation song was by Kum. Vinutha and Kavya after which Dr. Praveen Kumar S welcomed everyone to the gathering. Program was started by offering blessings and floral tributes to the portrait of Padmabhushana Paramapoojya Sri Sri Sri Dr Balagangadharanatha Swamiji's Photo, Dr. Nirupama M gave an introduction to the programme. She informed the female students about the entire Menstrual Cycle, including how eggs are produced and fertilisation, and how blood is discharged through the vagina. Mrs. Kavitha J.N Librarian has interacted with the students about how many members are Menstrual with a 22 day cycle, and symptoms about how we should keep ourselves clean during the Menstrual Cycle.

Program was concluded by vote of thanks by Amulya Ist B.Com. student, while Lekhana N Gowda III B.A Student served as the program's host.

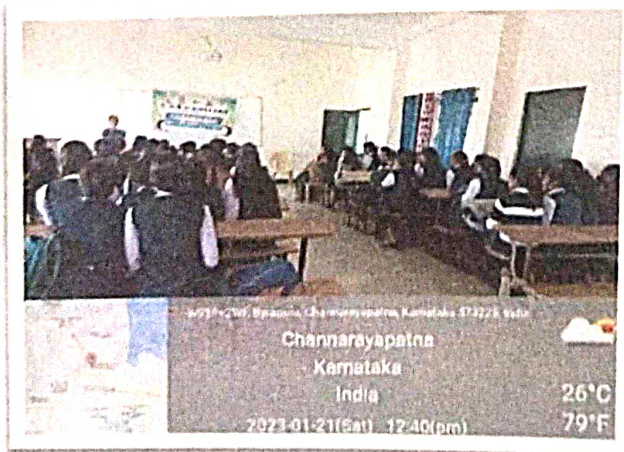


M. Manjunatha K
Principal

Sri Adichunchanagiri First Grade College
Channarayapatna



WOMEN'S MENSTRUAL CYCLE HYGIENE AWARENESS PROGRAM



M. S. Jwalika M.K
Principal
Sn Adichunchanagiri First Grade College
Channarayana

|| Sri Kalabhairaveshwara Prasanna ||

|| JAI SRI GURUDEV ||

|| Om Namo Bhagavathe Sri Balagangadharanathaya Namaha ||



SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE

CHANNARAYAPATNA, HASSAN-573116, Karnataka

(Affiliated to University of Mysore)

[Re-Accredited with 'B+' Graded by NAAC]



INVITATION



WOMEN'S MENSTRUAL CYCLE HYGIENE AWARENESS PROGRAM

ON 21-01-2023

Organized by
Department of Sociology

Collaboration with IQAC



CLASSROOM 307

TIME: 11.30 AM

Divine Blessings
Paramapoojya Jagadguru Padmabhushana

Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji

Gracious Blessings
Paramapoojya Jagadguru

Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji

President

Sri Adichunchanagiri Mahasamsthana Mutt

Poojya Sri Sri Shambhunatha Swamiji

Secretary

Sri Adichunchanagiri shikhana Trust (R.)
Hassan and Kodagu.

Presence

Dr. M.K. Manjunatha, Principal
SAFG College, Channarayapatna

Resource Person

Dr. Nirupama M.
HoD of Zoology

Mrs. Kavitha J.N.
Librarian

Convener

Dr. Praveen Kumar S.
HOD of Sociology

Principal
Sri Adichunchanagiri First Grade College
Channarayapatna

**CORDIALLY INVITED BY TEACHING AND NON TEACHING
STAFF & FEMALE STUDENTS**

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE
CHANNARAYAPATTANA, 573116

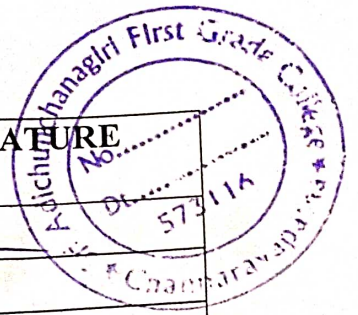


Women's menstrual cycle Hygiene Awareness Program list of students participated in the program on 21-01-2023

Sl.no	NAME	CLASS	SIGNNATURE
01	Keerthana T.K	II nd B.A	
02	Meghona B.P.	II nd B.A.	
03	B.S. Impana	II nd B.A	
04	MONIKA-H.N	II nd B.A	
05	Harishitha.N	II nd B.A	
06	Deekshitha G.R.	I st B.Com	
07	Chandana. @	I st B.com	
08	Halima Bodiya	I st B.com	
09	Anvitha S.N	I st B.com	
10	Thyashwini J.N	I st B.com	
11	Aishwarya D.V	I st B.com	
12	Vaishitha.D	I st B.com	
13	Aarvitha. S.R	I st B.COM	
14	Suchithra. HA	I st BA	
15	Mehak	I st BA [G.S]	
16	Akshatha k.M	I st BA (G.S)	
17	Manya k.N	I st BA (G.S)	
18	Sowshiti B.N	I st BA (G.S)	
19	Ranjitha. R.K	I st BA (G.S)	
20	JAANU	I st BA	
21	chaazu	I st B.COM	

Principal

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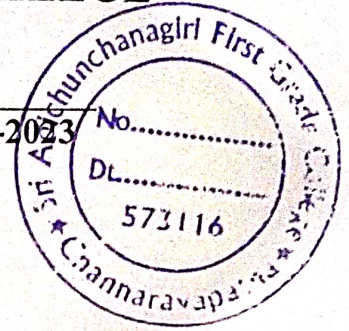


Sl.no	NAME	CLASS	SIGNATURE
01	Keethana T.R.	II nd B.A	
02	Meghana B.P.	II nd B.A.	
03	B.S Impana	II nd B.A	
04	monika-H.N	II nd B.A	
05.	Havisitha.N	II nd BA	
06	Rabi Kumar CC	III rd BA	Rabi Kumar CC
07	Mahakumar C.M	II nd B.A	
08	GANESHA B.L	II nd B.A	Ganesh B.L.
09	Sumanth	II nd B.A	
10	Gowtham. K.T	II nd B.A	Gowtham. K.T
11	Rakshitha. B.D	I st B.com	Rakshitha. B.D
12	Sinchana. D	I st B. Com	Sinchana D
13	Aapitha	I st B. Com	
14	Menika. K.H	I st B. Com	
15	Sindu. N.C	I st B. Com	Sindu. N.C
16	Sinchana. H.J.	I st B. Com	Sinchana. H.J.
17	Mangaladevi M.S	I st B. Com	
18	Kavya A.S	I st B. Com	
19	HARSHINI G.S	I st B. Com	
20	Kavya CN	I st B. Com	
21.	Rakshitha KM	I st B. Com	Rakshitha
22	Chinmayi. K.	I st B. Com	Chinmayi K
23.	Moulyag.K.	I st B. Com	
24.	Ruchitha. SV	I st B. Com	Ruchitha
25	Manya k.V	I st BA	Manya k.V
26	Sowdha B.N	I st BA	Sowdha B.N.
27	Ranjitha. R.K	I st BA	Ranjitha. R.K

Sri Adichunchanagiri First Grade College
 Channarayana-573116

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE
CHANNARAYAPATTANA, 573116

Date: 07-03-2023



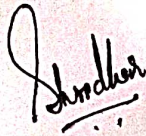
CIRCULAR

This is to inform all the Students that the Women's Cell and with collaboration of Department of Sociology has decided to conduct a program of **International Women's Day** on 08-03-2023 from 12:30pm at Seminar hall 201. I hereby inform all the Students, Faculties and staff members are requested to participate in the program.


Principal

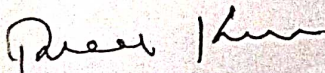
Sri Adichunchanagiri First Grade Collage
Channarayapatna-573 116

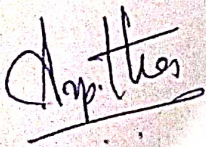


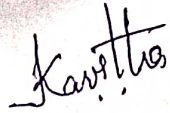








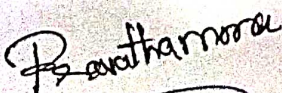


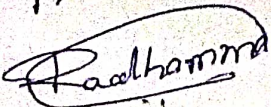








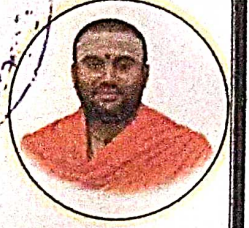
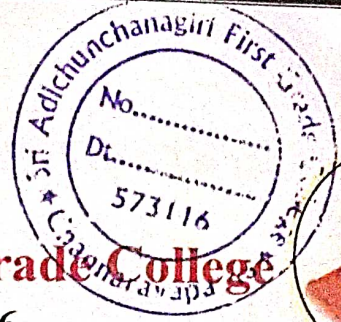








“Jai Sri Gurudev”



Sri Adichunchanagiri First Grade College

Channarayapatna-573116

**WOMEN'S CELL COLLABORATION WITH DEPARTMENT
OF SOCIOLOGY & IQAC**



Date: 08-03-2023

Time: 12.30 PM

Venue: Seminar Hall

Divine Blessings

**His Holiness Paramapoojya Jagadguru Padmabhushana
Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji**

Gracious Blessings

**Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji
Poojya Sri Sri Shambhunatha Swamiji**

Invocation	:	Tharun Gowda, II B.A.
Welcome Speech	:	Lokesh G.S., Department of Economics
Resource Person Talk	:	Mr. Yogesh A.H HOD & Assistant Professor Department of Economics, GFGC Saligrama.
Presidential Talk	:	Dr. M.K. Manjunatha, Principal
Vote of Thank	:	Dr. Praveen Kumar.S, HoD, Department of Sociology
Anchor	:	Dr. Nagaraja N.T, HoD, Department of Pol. Science

CORDIALLY INVITE THE TEACHING & NON-TEACHING FACULTY

|| JAI SREE GURUDEV ||

SRI ADICHUNCHANAGIRI FIRST GRADE COLLEGE
CHANNARAYAPATNA-573116



DEPARTMENT OF SOCIOLOGY

Date:- 08-03-2023

REPORT ON: "INTERNATIONAL WOMEN'S DAY ON MARCH 8, 2023"

Department of Sociology in collaboration with Women's Cell and IQAC, organised **INTERNATIONAL WOMEN'S DAY on March 8, 2023**. **Dr. M.K. Manjunatha**, Principal, and **Dr. Praveen Kumar S**, HoD of Sociology, **Arpitha H.J** Co-ordinator of Women's Cell and **Dr. Nirupama M**, HoD of Zoology were present in the program. **Yogesh A.H** Assistant Professor, Department of Economics Government First Grade College Saligrama was the resource person. The invocation song was by **Tharun Gowda** Second year B.A student after which **Mr Lokesh G.S** Department of Economics welcomed everyone to the gathering. Program was started by watering the plant and offered floral tributes to the portrait of **Padmabhushan Dr. Sri Sri Sri Balagangadharanatha Mahaswamiji** from the chief guest.

Resource person **Mr. Yogesh A.H.**, Assistant Professor, Department of Economics GFGC Saligrama. He presented a quick explanation of International Women's Day, the history of the day, as well as a detailed explanation of why March 8th was chosen as the date for the celebration.

On March 8, the Russian Soviet Union allowed women vote for the first time. In memory of that day March 8, 1917, started to be celebrated in Russia as National Women's Day. It took until 1975 for the United Nations to recognize and begin celebrating International Women's Day (IWD).

Later, he told the students a Sanskrit verse about women and its explanation

**"Karyeshu Dasi, Karaneshu Manthri;
Bhojeshu Mata, Shayaneshu Rambha**

**Roopeshu lakshmi, Kshamayeshu Dharitri;
Satkarma Nari, Kuladharna Patni"**

and

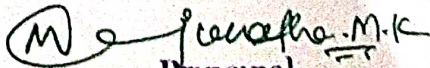
**"yatra naryastu pujoyante ramante tatra devata
yatraitastu na pujoyante sarvastatraphala kriyah"**

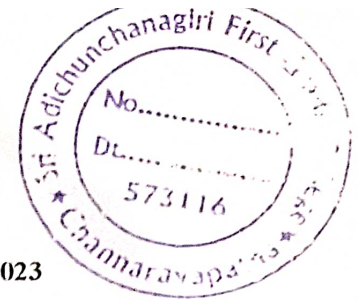
Later **Dr. M.K. Manjunatha** Principal SAFG College delivered a presidential talk. Program was concluded by vote of thanks by **Dr. Praveen Kumar S**, HoD of Sociology, while **Dr Nagaraja N.T** HoD Department of political science served as the program's host.

Resource Person Contact Details

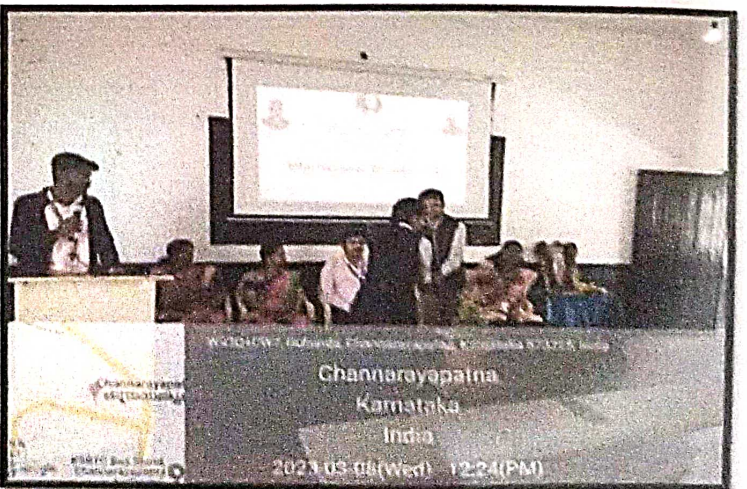
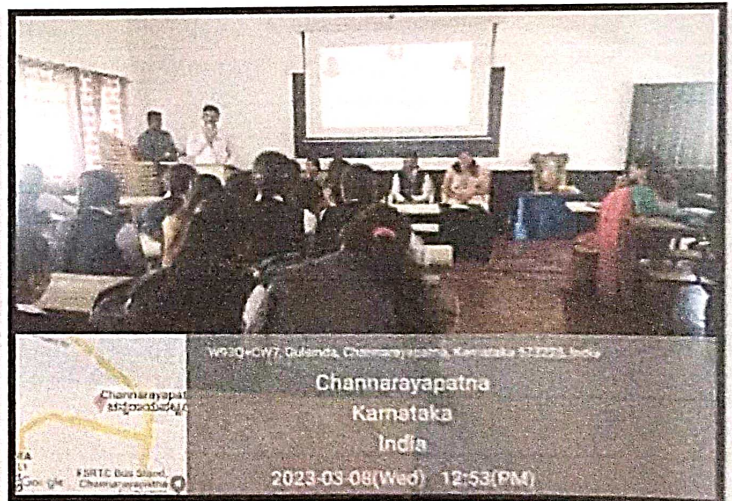
Mr. Yogesh, A.H., Ayyarahalli (V), Kasaba (H) Channarayapatna (T) Hassan (D)-573116

Phone No.: 9845687921


Principal
Sri Adichunchanagiri First Grade Coll.
Channarayapatna

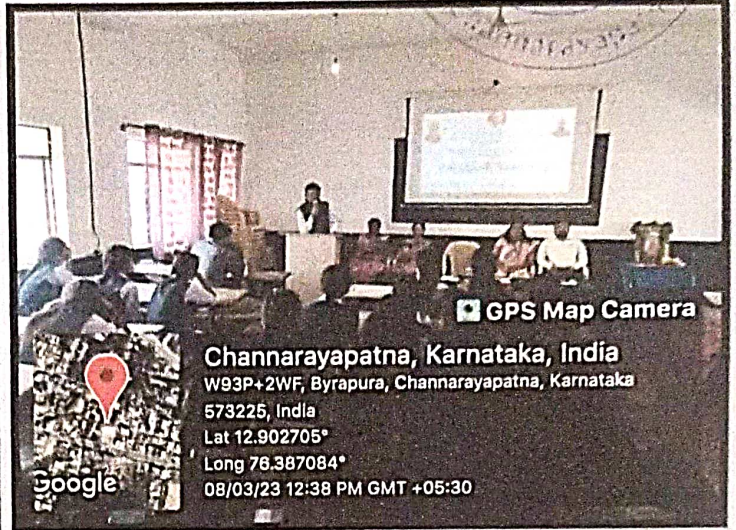


INTERNATIONAL WOMENS DAY ON MARCH 8, 2023



M. Juvatha MK
Principal
 Sn Adichunchanagiri First Grade College,
 Channarayana

INTERNATIONAL WOMENS DAY ON MARCH 8, 2023



M. Subash M. K.
Principal

Sri Adichunchanagiri First Grade College
Channarayapatna

|| Jai Sri Gurudev ||

Sri Adichunchanagiri First Grade College
Channarayapatna-573116

**Youth Red Cross and Red Ribbon Unit and
Department of Zoology**

Date: 19/05/2023

CIRCULAR

This is to inform all students and faculties that Youth Red cross and Red Ribbon Unit and Department of Zoology has decided to host a guest lecture programme on **“Awareness, Early Detection and Prevention of Breast and Cervical Cancer”** on May 19, 2023 at 10.30 am in 201 lecture hall in Collaboration with IQAC. I hereby request that all faculty members and students use this in order to make the programme successful.

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Principal
Sri Adichunchanagiri First Grade College
Channarayapatna-573116

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Vidya



"Jai Sri Gurudev"



Sri Adichunchanagiri First Grade College

Channarayapatna-573116

**Youth Red Cross Unit in Collaboration With
Department of Zoology & IQAC**

**"AWARENESS, EARLY DETECTION AND
PREVENTION OF BREAST AND CERVICAL CANCER"**

Date: 20-05-2023

Time: 10.30 AM

Venue: 201-Lecture hall

Divine Blessings

**His Holiness Paramapoojya Jagadguru Padmabhushana
Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji**

Gracious Blessings

**His Holiness Paramapoojya Jagadguru
Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji**

Poojya Sri Sri Shambhunatha Swamiji

- Invocation** : **Tharun Gowda, II B.A.**
- Welcome Speech** : **Mrs. Radhamma K M, Asst. Professor, Dept of Zoology**
- Keynote Address** : **Dr. Nirupama M, Program officer, Youth Red Cross Unit**
- Resource Person** : **Dr. Amita K, MBBS, MD (Pathology), Fellowship (IAC)
Professor, Department of Pathology,
Adichunchanagiri Institute of Medical Science,
ACU, BG Nagara, Mandya Dist, Karnataka**
- President** : **Dr. M.K. Manjunatha, Principal, SAFGC, Channarayapatna**
- Vote of Thanks** : **Mrs. Arpitha A J, Asst. Professor, Dept of Physics**
- Anchor** : **Mrs. Kavitha J.N, Librarian**

Cordially invite the Teaching & Non-Teaching Faculties

**Sri Adichunchanagiri First Grade College
Channarayapatna-573116**

Youth Red Cross and Redribbon unit

Date: 20/05/2023

**Report on "Awareness, Early Detection and Prevention of Breast
and Cervical Cancer"**

On Saturday, May 20th, 2023, the SAFG College Youth Red Cross & Redribbon Unit in collaboration with Department of Zoology was organized a guest lecturer Programme on "Awareness, Early Detection and Prevention of Breast and Cervical Cancer" to raise awareness among students and faculties. The programme was commenced with prayer by Tharun Gowda, BA student. Mrs Radhamma K M, Assistant Professor, Department of Zoology extends a warm welcome to the guest and programme was inaugurated by watering plant. The program's host, Dr. Nirupama M., Convenor of Youth Red Cross & Redribbon unit, introduced Resource Person Dr. Amitha K, Professor, Department of Pathology, ACU, BG Nagar to the students and faculties. A formal vote of thanks was given by Mrs. Arpitha H.J, Department of Physics. Mrs. Kavitha J N, the Librarian narrated the programme.

The chief guest of the programme, Dr Amitha K explained the causes of breast and cervical cancer as follows: smoking, genes, alcohol, an unhealthy lifestyle, junk food, and obesity. She advised girls and boys to get the HPV vaccine and mentioned that the best way to prevent cervical cancer is through routine cervical screening. She also explained the early screening of breast cancer by mammography, MIR, and breast self-examination, which she explained with video. Cervical Cancer by PAP Test, and she has suggested going for HPV vaccination, and she explained an Indian-made vaccine. The Serum Institute of India launched Cervavac, a quadrivalent HPV vaccine that it developed in partnership with the Indian government.


Principal
Sri Adichunchanagiri First Grade College
Channarayapatna-573116

Awareness, Early Detection and Prevention of Breast and Cervical Cancer,

Date: 20/05/2023



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Handwritten signature: M. Jayashree M.K.

Principal
Sri Adichunchanagiri First Grade Collage
Channarayana-573 116