

Sri Adichunchanagiri First Grade College

Channarayapatna-573116

Department of Physical Education and Sports

Action Plan for the Year: 2022-23



No.	Proposed Activities	Date and Period
1	Commencement of odd semester and Kannada Rajyostva Celebration	1 st Week of Nov-2022
2	Department meeting ,work allotment, Orientation Programme for 1 st Year Students	2 nd Week of Nov-2022
3	UOM Sports and Games Trials, Competition	3 rd Week of Nov-2022
4	Ground Preparation and Identification for Sports Persons	3 rd week of Nov-2022
5	Sports Competition for Malnad Zone, Inter Zone and UOM Athletics	2 nd Week of Dec-2022
6	Inauguration of Sports Department and Lecturing Programme Team Selection And Participation	3 rd Week of Dec -2022
7	Distribution of Assignment Topic Yoga and Fitness Training Programme for 1 st semester.	4 th Week of Dec-2022
8	Ground Preparation and Competition	1 st Week of Jan -2023
9	UOM Malnad Zone Inter collegiate Volley ball Competition	3 rd Week of Jan -2023
0	Republic Day Celebration	4 th Week of Jan -2023
1	Examination Work	4 th Week of Feb-2023
2	Commencement of Even semester	2 nd Week of April - 2023
3	UOM Malnad Zone Tournaments Preparations	3 rd Week of May-2023
4	UOM Inter Collegiate Inter Zone Competition	1 st Week of June-2023
5	Special Lecturing Programme	2 nd Week of June-2023
6	Inter Class Annual Sports Meet Sports Day and Prize Distribution Yoga and Fitness Training Programme for 2 nd	3 rd Week of June-2023
7	Sports Trip and Adventures	1 st Week of July-2023
8	Examination Preparation	3 rd Week of July -2023

Head of the Department

Physical Education Director
Adichunchanagiri First Grade College
Channarayapatna-573116

Principal

Principal

Sri Adichunchanagiri First Grade Collage
Channarayapatna-573116